

<p>When did you first notice the problem, why do you think it started? _____</p> <p>_____</p> <p>Have you had this type of problem before? _____</p> <p>Have you seen anyone else for this problem? (If Yes, please explain who you consulted and when):</p> <p>_____</p> <p>_____</p> <p>Since the injury began has it been getting? (please circle): <u>better</u> <u>worse</u> <u>staying the same</u></p> <p>Does anything make the pain worse? _____</p> <p>Does anything help relieve the pain? _____</p> <p>Is it worse at any particular time? (please circle <u>in the morning</u> <u>end of the day</u> <u>during/after sport</u></p> <p>Other _____</p>	<u>Office Use</u>
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SECTION C – Current Health	<u>Office Use</u>
<p>Rate your current overall health: (please circle below) 1 = terrible 10 = fantastic</p> <p>1 2 3 4 5 6 7 8 9 10</p> <p>What are your current health goals on a scale: 1 = most important 4 = least important</p> <p>Pain relief ___ Increased Performance ___ Rehabilitation ___ Improve Health/quality of life ___</p> <p>Other (please specify) _____</p>	

SECTION D – Illness History	<u>Office Use</u>																												
<p>Other than your main complaint do you have any other current health problems? _____</p> <p>_____</p> <p>Have you been treated for any health conditions in the last year? _____</p> <p>_____</p> <p>Have you ever had any operations – what for & when? _____</p> <p>_____</p> <p>Are you currently taking any medication, for? _____</p> <p>_____</p> <p>Have you ever had any serious accidents, what happened and when? _____</p> <p>_____</p> <p>Have you ever suffered from any major illnesses or conditions? _____</p> <p>_____</p> <p>Has any member of your family suffered from a serious disorder such as - diabetes, rheumatic conditions, cancer, heart conditions, etc? _____</p> <p>_____</p> <p>Have you ever suffered from any of the following conditions? (please circle all that apply to you):</p> <table style="width: 100%; border: none;"> <tr> <td>Dizziness</td> <td>Fatigue</td> <td>Headaches</td> <td>Loss of sleep</td> </tr> <tr> <td>Pain at Night</td> <td>Unexplained weight loss</td> <td>Numbness</td> <td>Arthritis</td> </tr> <tr> <td>Asthma</td> <td>Low back pain</td> <td>Sciatica</td> <td>Swollen Joints</td> </tr> <tr> <td>High Blood pressure</td> <td>Frequent Colds</td> <td>Difficulty Breathing</td> <td>Foot trouble</td> </tr> <tr> <td>Low Blood pressure</td> <td>Chest Pain</td> <td>Poor circulation</td> <td>Anemia</td> </tr> <tr> <td>Stroke</td> <td>Pleurisy</td> <td>Aids</td> <td>Frequent Urination</td> </tr> <tr> <td>Prostate trouble</td> <td>Lumps in breast</td> <td>Diabetes</td> <td>Cancer</td> </tr> </table> <p>Other _____</p>	Dizziness	Fatigue	Headaches	Loss of sleep	Pain at Night	Unexplained weight loss	Numbness	Arthritis	Asthma	Low back pain	Sciatica	Swollen Joints	High Blood pressure	Frequent Colds	Difficulty Breathing	Foot trouble	Low Blood pressure	Chest Pain	Poor circulation	Anemia	Stroke	Pleurisy	Aids	Frequent Urination	Prostate trouble	Lumps in breast	Diabetes	Cancer	
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